



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

JANUARY – APRIL 2019 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

BCP 221: ADDICTIONS AND TREATMENT

Date: APRIL 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

Q1. a) Briefly explain the stages of addiction **(5marks)**

b) Briefly explain the sociocultural theoretical view of substance abuse

(5marks)

c) Describe any five causes of drug abuse among the university students

(5marks)

d) Using behavioral and psychoanalytical theories, explain why a person becomes a gambling addict **(5marks)**

e) Describe the stages an addict progresses through as they make a behavior change **(5marks)**

Q2. Explain the significance of each of the twelve steps of alcoholic anonymous to alcoholic addict **(15marks)**

Q3. Explain the components of treatment of chemical addiction **(15marks)**

Q4. Elucidate the principles of motivational interviewing in addiction treatment

(15marks)

Q5. Discuss the goals of addiction counseling (15marks)

Q6. Critically explain how you can help a client overcome sex addiction (15marks)