



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

P.O. Box 62157

00200 Nairobi - KENYA

Telephone: 891601-6

Ext 1022/23/25

MAIN EXAMINATION

SEPTEMBER –DECEMBER 2021

FACULTY OF THEOLOGY

DEPARTMENT OF SPIRITUAL THEOLOGY

REGULAR PROGRAMME

L-ST 202: SPIRITUAL DIRECTION ACCORDING TO THE DIFFERENT MODELS OF THE CHURCH

Date: DECEMBER 2021

Duration: 3 Hours

INSTRUCTIONS: ANSWER ANY THREE QUESTIONS

Q1. Jesus is the Spiritual Director per excellence. Using the following elements elaborate this statement: **(18 marks)**

- (a) Through his life
- (b) One to one spiritual direction
- (c) Common direction

Q2. Discuss how the desert life, the monastic and non-monastic spirituality laid a significant development in the field of spiritual direction **(18 marks).**

Q3. Discuss how the Magisterium of the Church through the

- a. Council of Trent
- b. Vatican Council II codified the requirements of spiritual direction

(18 marks).

Q4. Explain the suitability of a spiritual director as a father, a mother, as a person of prayer and as a spiritual person **(18 marks).**

Q5. Discuss the following qualities of a Spiritual Director

(18 marks)

- (a) Learning
- (b) Prudence
- (c) Experience

DTE DEC 2021

END