



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

SEPTEMBER –DECEMBER 2021

FACULTY OF THEOLOGY

DEPARTMENT OF FIRST CYCLE

REGULAR PROGRAMME

B-PT 213: PASTORAL COUNSELLING

P.O. Box 62157

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Telephone: 891601-6

Ext 1022/23/25

Date: DECEMBER 2021

Duration: 2 Hours

INSTRUCTIONS: Answer Question ONE and any OTHER Question

- Q1. a) Describe Pastoral Counselling. **(5 Marks)**
b) Discuss the purpose of Pastoral Counselling. **(5 Marks)**
c) Explain why people behave in particular ways. **(5 Marks)**
d) Outline conditions helpful in a counselling process. **(5 Marks)**
e) Discuss the characteristics of a well-balanced person. **(10 Marks)**
- Q2. Discuss the following:
a) The relationship of Pastoral Counselling and Human Development. **(12 Marks).**
b) Abraham Maslow's pyramid of needs in relation to human behaviour **(12Marks).**
- Q3. Describe the qualities and attitudes of a good counsellor. **(24 Marks).**
- Q4. Discuss any FIVE SKILLS that are important for a counsellor. **(24 Marks).**

END

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