



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

SEPTEMBER – DECEMBER 2019 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

BCP 322: CRISIS, DISASTER AND TRAUMA

Date: DECEMBER 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

Q1. Write short notes on:

- 1a. Developmental Crises **(3marks)**
- 1b. Existential Crisis **(3 marks)**
- 1c. Situational Crisis **(3marks)**
- 1d. Terrorism as a Disaster **(3marks)**
- 1e. Traumatic Memories **(3 marks)**
- 1f. purpose of Crisis counseling **(10 marks)**

Q2. There is no country that is immune from disaster, though vulnerability to disaster varies. Discuss the types of Disasters, giving TWO examples of each disaster in the world.
(15 marks)

Q3. Not all disasters can be prevented, but the risk of loss of life and injury can be mitigated with good evacuation plans, environmental planning and design standards. Describe how this can be done.
(15 marks)

Q4. For an event to be considered traumatic you must have experienced or witnessed an event that involved a threat to life, serious injury, or assault, such as non-consensual sex. Discuss,
(15 marks)

Q5. A student has been raped in a nearby College, mention 5 Crisis intervention skills you will engage to settle and calm down this situation.
(15 marks)

Q6. Experiencing trauma, however scary and disorienting, can also serve as an opportunity for growth in unexpected and positive ways. Discuss
(15 marks).

END