



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

P.O. Box 62157

00200 Nairobi - KENYA

Telephone: 891601-6

MAIN EXAMINATION

SEPTEMBER – DECEMBER 2019 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

BCP 305: CHILD AND ADOLESCENT THERAPY

Date: DECEMBER 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

Q1. a) Explain the major milestone in each stage of children thought process according to Jean Piaget theory of cognitive development

(8marks)

b) Describe the desirable attributes of an effective child - counselor

(8 marks)

c) Elucidate any four principles for non-directive play therapy during the early contact with the child according to Fredrick Perls in Gestalt therapy

(4marks)

d) Identify five questions a counselor can ask during the assessment of child / adolescent

(5marks)

Q2). Examine the factors that influence development of every individual as unique person

(15marks)

Q3). Explain the importance of emotional self - efficacy in adolescent

(15marks)

Q4). Discuss the dimensions of adolescent development

(15 marks)

Q5). Discuss the elements of the child-counselor relationship

(15 marks)

Q6). Evaluate the protective factors that can help to mitigate the effect of adolescent stress

(15marks)

END