



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

SEPTEMBER – DECEMBER 2019 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

BCP 303: MARRIAGE AND FAMILY THERAPY

Date: DECEMBER 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

- Q1. a) Define the following concepts **(4Marks)**
i) A Family
ii) Family therapy
- b) State three key ideas behind the postmodern approaches in family therapy **(3 marks)**
- c) Highlight any five stages and associated tasks in a family lifecycle **(10 marks)**
- d) Use clear examples to explain the stages in family counselling **(8 marks)**
- Q2. Discuss counselling based on parent – child interaction. **(15 marks)**
- Q3. Analyze how you could use narrative therapy in counselling families. **(15marks)**
- Q4. Discuss the Freudian concepts of family therapy under the following subheading. **(15 marks)**
a) Basic tenets of the theoretical model
b) Role of the counsellor
c) Goals of therapy
d) Major techniques used
e) Clinical application in families

- Q5. Asses the relevance of the family interlocking concepts as suggested by Virginia Satir in helping members of a dysfunctional family. **(15 marks)**
- Q6. Critique the use of strategic family theory in helping clients. **(15 marks)**

END