



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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REGINA PACIS INSTITUTE OF HEALTH SCIENCES

MAIN EXAMINATION

SEPTEMBER – DECEMBER 2019 TRIMESTER

FACULTY OF SCIENCES

DEPARTMENT OF COMMUNITY HEALTH

REGULAR PROGRAMME

HPE 200: COUNSELLING SKILLS AND LEARNER MENTORING

Date: DECEMBER 2019

Duration: 3 Hours

INSTRUCTIONS: Answer ALL Questions in the booklet provided.

Section A: Short Answer Questions Answer All Questions (40 Marks)

Q1. Explain the following terms as used in the counseling skills and learner mentoring and give example **of each**

(8 Marks)

- a) Mentoring
- b) Counseling
- c) Guidance
- d) Coaching

Q2. Describe the various theories of counseling and their application in counselling, mentoring and coaching.

(10 Marks)

Q3. Describe the 3 principles of mentoring.

(6 Marks)

Q4. Draw the mentoring cycle with the details and the steps involved.

(8 Marks)

Q5. Explain two reasons, why counseling skills and mentoring are incorporated in the Health Professions' education program.

(6 Marks)

Q6. Differentiate between counseling skills and techniques giving example each. (2 Marks)

Section B: Long Answer Questions Answer Question 7 and any other ONE Question (40 Marks)

Q7. You have been appointed to assume Counselling and mentorship role in a learning Institution and required to facilitate and establish a counselling and mentoring program. Discuss the process you will use in designing the program and the key components you will ensure are incorporated in the program.

(20 Marks)

Q8. Counseling and mentoring are key in promoting students capacity through educational programs in developing countries. Discuss giving examples.

(20 Marks)

Q9. Student mentoring plays a key role in professional and career development, discuss these and give examples.

(20 Marks)

END