



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

SEPTEMBER – DECEMBER 2019 TRIMESTER

FACULTY OF THEOLOGY

DEPARTMENT OF SPIRITUAL THEOLOGY

REGULAR PROGRAMME

**L-ST 202: SPIRITUAL DIRECTION ACCORDING TO THE DIFFERENT MODELS OF
THE CHURCH**

Date: DECEMBER 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Any THREE Questions

- Q1. Discuss the following aspects in their contribution towards spiritual direction.
- a) Desert Life
 - b) Monastic Life
 - c) Non-Monastic Life
- Q2. How did Jesus set an example as the model of Spiritual direction in the following?
- a) Through his life
 - b) Common direction
 - c) One to one spiritual direction
- Q3. Show how the Magisterium codified the Spiritual direction through:
- a) The Council of Trent
 - b) The Vatican Council II
- Q4. Explain how the following manifest the suitability of a Spiritual director
- a) Prudence
 - b) Experience in Spiritual Life
 - c) Humility

Q5. Explain how the following manifest the suitability of a spiritual director

- a) Father or mother
- b) A person of prayer
- c) A Spiritual person

END