



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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**MAIN EXAMINATION**

**MAY – JULY 2019 TRIMESTER**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**REGULAR PROGRAMME**

**BCP 223: COUNSELING THE AGED (GERONTOLOGY)**

**Date: JULY 2019**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer Question ONE and any other THREE Questions**

- Q1. a) Name five diseases associated with the aging population **5 marks**
- b) Distinguish between stochastic and nonstochastic theories of aging **5 marks**
- c) List five aspects that would be contained in a programme for the elderly **5marks**
- d) Highlight five physical changes that are associated with old age **5 marks**
- e) Outline five leisure activities you would recommend for the aging population **5 marks**
- Q2. Discuss the developmental milestones during the last stage of human development according to Erickson. **15 marks**
- Q3. You are part of a team of psychologists offering support to a dying elderly patient. Analyze five issues you would focus on as you prepare the patient for end of life. **15 marks**
- Q4. Describe the stages of retirement **15 marks**

- Q5. Some elderly people have been known to hold onto their property until they die with no attempt to release it to the next generation. Account for this using any psychological theory of your choice.
- Q6. According to the United Nations, the elderly population is rising faster than any other population age group. Account for this. **15 marks.**

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