



**THE CATHOLIC UNIVERSITY OF EASTERN AFRICA**

**A. M. E. C. E. A**

**P.O. Box 62157**

**00200 Nairobi - KENYA**

**MAIN EXAMINATION**

**Telephone: 891601-6**

**JANUARY – APRIL 2020 TRIMESTER**

**FACULTY OF SCIENCE**

**DEPARTMENT OF COMMUNITY HEALTH AND DEVELOPMENT**

**REGULAR PROGRAMME**

**CHD 436: REPRODUCTIVE MATERNAL HEALTH**

**Date: APRIL 2020**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer ALL Questions**

**SECTION A: SHORT ANSWER 10 QUESTIONS: 30 MARKS**

- Q1. Define reproductive health. (2 marks)
- Q2. Discuss safe motherhood generally. (6 marks)
- Q3. What would reproductive health in its meaning encompass? (6 marks)
- Q4. What is ante- natal care (1 mark)
- Q5. State the four main goals of focused antenatal care. (4 marks)
- Q6. What is a normal birth? (2 marks)
- Q7. Briefly state the three objectives of delivery care. (3 marks)
- Q8. Outline any six (6) of maternal morbidity. (6 marks)

**SECTION B**

- Q9. The safe motherhood initiative is geared towards reduction of maternal morbidity and mortality.
- i. Describe the essential services of the safe motherhood initiative. (8 marks)



- ii. Discuss the essential obstetric care services offered under this initiative.  
(12 marks)

Q10. The female reproductive process experiences various complications and problems.

- i. Describe any three menstrual abnormalities.  
(6 marks)
- ii. Describe any four (4) direct causes of maternal mortality.  
(8 marks)
- iii. Outline maternal mortality in the context of the three Ds' (delays)  
(6 marks)

Q11. The components of reproductive health ensures good health for both mother and child.

- i. Describe the pillars of safe motherhood.  
(6 marks)
- ii. Outline any four reasons why women find themselves with unwanted pregnancies.  
(4 marks)
- iii. Discuss the three types of reproductive tract infections, RTIs.  
(6 marks)
- iv. Describe any three natural family planning methods.  
(3 marks)

**\*END\***