



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

SEP-DEC 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: MCP 605 MICRO PRACTICUM

Date: DECEMBER 2020

Duration: 4 Hours

INSTRUCTIONS: Answer ANY THREE Questions

1. According to Neukrug & Schwitzer, (2006), case conceptualization involves FOUR steps. Using a case study example discuss how you would develop a case formulation of a client you are counselling with a psychological problem. (23.3mks)
2. Using examples distinguish between etic and emic approaches and their application in handling a cross-cultural counseling session. (23.3mks)
3. Resistant and reluctant clients can be problematic in a counseling session. Using a case example, assess how you would deal with a reluctant or resistant client in the African counselling context. (23.3mks)
4. John comes for counseling in your counseling center. He looks worn out and unkempt and smelling of alcohol. He indicates that he has been out of his job for 3 months and has a family to take care of. He sounds desperate to find a solution to his problems and is worried that he may lose his wife and kids. He notes that he lost his job due to his alcohol intake though he indicates that he is managing it pretty well nowadays. Evaluate the attending and probing skills you would apply in addressing John's case. (23.3mks)
5. Discuss how you would apply the Mental Status Examination (MSE) in John's case above. (23.3mks)