



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

**A. M. E. C. E. A**

**MAIN EXAMINATION**

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**SEP-DEC 2020 TRIMESTER**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF COUNSELLING PSYCHOLOGY**

**REGULAR PROGRAMME**

**UNIT CODE: MCP 502 THEORIES OF PERSONALITY AND CULTURE**

**Date: DECEMBER 2020 FINAL EXAM**

**Duration: 4 Hours**

**INSTRUCTIONS: Answer ANY THREE Questions**

1. Using case examples, examine the influence of nature and nurture on personality development in the African society. (23.3mks)
2. As a professional counselor evaluate any five key cultural variables you would consider important while handling a cultural problem in your client. (23.3mks)
3. Evaluate any six defense mechanisms by Sigmund Freud and their influence on personality development in today's contemporary society. (23.3mks)
4. "Understanding our own personality provides greater insight into reasons we respond in certain ways and it helps us understand and appreciate the differences in others". In reference to this statement discuss using case examples how the various cultural factors in our contemporary African society influence personality development of an individual. (23.3mks)
5. Assess the impact of individualism and collectivism on personality development using an African cultural context. (23.3mks)