



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

**A. M. E. C. E. A**

**MAIN EXAMINATION**

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**SEPTEMBER - DECEMBER 2020 TRIMESTER**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF COUNSELLING PSYCHOLOGY**

**REGULAR PROGRAMME**

**UNIT CODE: BCP 414: EFFECTIVE PARENTING**

**Date: DECEMBER 2020**

**Duration: 4 Hours**

**INSTRUCTIONS: Answer ANY THREE Questions**

**All answers must be submitted through your student portal on Odel**

1. Analyze parenting styles that can be applied to impart discipline to children in a family setup (23.3 marks)

2. You have been invited to facilitate parents with toddlers (1-2 years of age).

Summarize parenting tips and safety measures you would present. (23.3 marks)

3. Compare single parenting against nuclear parenting in modern society. (23.3 marks)

4. Discuss effects of separation and divorce in marriage on children. (23.3 marks)

*5. Case: Jane, a 17 year old girl has been spending less time with her parents during COVID-19 school closure. Out of curiosity, the mother snatched her phone and found intimate love conversations with boys who were coming to their home for studies when the parents were at work. After being asked, Jane became withdrawn with suicidal ideations. Jane's parents decide to visit you as a professional counsellor.*

Explain the skills and strategies you would apply to help them (23.3 marks)