



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

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SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 410: COMMUNITY PSYCHOLOGY

Date: DECEMBER 2020

Duration: 4 Hours

INSTRUCTIONS: Answer ANY THREE Questions

All answers must be submitted through your student portal on Odel

1. Discuss ways in which community psychologists have engaged in systemic and structural changes toward social justice in our society. (23.3 Marks)
2. 'The culture of a community should be considered before designing a community program.' Discuss (23.3 Marks)
3. Identify and briefly describe four ecological principles learned in class. Be sure to provide examples of each and how these principles may be applied to current issues facing communities today. (23.3 Marks)
4. Historically, prevention and promotion are considered as key component in community psychology. Discuss (23.3 Marks).
5. John grew up in a rural town in Kijabe to a family with few economic resources. He was born with Down syndrome, and from his earliest memories recalled being stared at, whispered about, laughed at, and treated differently in the community. In an effort to help him, his parents would always decide what was best for him and advocate on his behalf at school and in the community. When John tried to speak up and express himself he was either ridiculed by his peers or defended by his parents. As a result of these experiences growing up, John felt disempowered and defective.

a). Using the empowerment model discuss the step you would use as a community psychologist to help John (16 Marks)

b). Asses some of the challenges you would expect from the opposing groups. (7.3 Marks)