



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

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SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 405: PASTORAL COUNSELLING

Date: DECEMBER 2020

Duration: 4 Hours

INSTRUCTIONS: Answer ANY THREE Questions

All answers must be submitted through your student portal on Odel

1. Analyze the challenges faced by pastoral counselors and how they maintain balance as they serve others. (23.3 marks)
2. A pastoral counselor must pray without ceasing.
 - a. Explain the importance of prayer in counselling. (10 marks)
 - b. Assess the importance of prayers in contributing to the goals of pastoral counseling. (13.3 marks)
3. a) Explain the following terms as they relate to Pastoral counseling. (12 marks)
 - a) Forgiveness
 - b) Love
 - c) Confession
 - d) Compassion

b) "Listening is a key tool in pastoral counseling and any other form of counseling". Analyze this statement with examples. (11.3 marks)
4. Discuss the Biblical counseling model in relation to the other models of Pastoral Counseling. (23.3 marks)

5. Examine appropriate skills and theories you would use in Pastoral Counseling in addressing cases likely to be presented to you as a counselor during this COVID 19 pandemic. (23.3 marks)