



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

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SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 301: HIV AND AIDS PANDEMIC AND RELATED ISSUES

Date: DECEMBER 2020

Duration: 4 Hours

INSTRUCTIONS: Answer ANY THREE Questions

All answers must be submitted through your student portal on Odel

1. “When a person with HIV starts getting sick and cannot fight off infections, it usually means that the person is developing AIDS”. Analyze this statement indicating the development of the AIDS syndrome in the individual’s body. **(23.3marks)**
2. Discuss the influence of values in the treatment and management of HIV/AIDS pandemic in the African context. **(23.3marks)**
3. Alex comes to you for counseling indicating that he is confused and does not know what to do with his life. He opens up to you that he is HIV positive. He has his life planned out and has big plans for himself. However, since he went for HIV testing his life dreams seem shuttered and he looks lost in his own world. As a professional counselor analyze the counseling process indicating the skills you would apply in helping Alex cope with his situation. **(23.3marks)**

4. Using a case example discuss the impact of stigma in the treatment and management of HIV/AIDs pandemic in the African society. (**23.3 marks**)

5. Examine the intervention process and preventive measures you would apply in helping a client who is HIV positive and also a drug and substance abuser. (**23.3marks**)