



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

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SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 221: ADDICTIONS AND TREATMENT

Date: DECEMBER 2020	Duration: 4 Hours
INSTRUCTIONS: Answer ANY THREE Questions	
All answers must be submitted through your student portal on Odel	

Question One

- a) Explain the process of addiction (10 marks)
- b) Describe the process an addict progress through as they make a behavior change (13.3 marks)

Question Two

- a) Using behavioral and psychoanalytical theories, explain why a person becomes an addict gambler (10 marks)
- b) Describe how you can assist a client to overcome pathological gambling (13.3 marks)

Question Three

- a) Analyze the principles of motivational interviewing in addiction treatment (10 marks)
- b) Examine goals of after care in chemical addiction treatment modalities (13.3 marks)

Question Four

- a) Assess the roles of family members in alcohol addiction of its member (10 marks)

- b) Examine the components of treatment of chemical addicts (13.3marks)

Question Five

- a) Explain how you can identify a sex addict (10 marks)
b) Discuss how you can help a client to overcome sex addiction (13.3marks)