



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

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SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 205: MENTORING COACHING AND PEER COUNSELLING

Date: DECEMBER 2020	Duration: 4 Hours
INSTRUCTIONS: Answer ANY THREE Questions	

Question one

- a) Explain how to be a successful mentor (10 marks)
- b) Explain why it essential for companies / organizations to coach and mentor its people (13.3 marks)

Question Two

- a) Describe different type of coaching that counselor can train peer counselors (10 marks)
- b) Explain how an organization benefits by coaching and mentoring its employees (13.3 marks)

Question Three

- a) Explain what the client can put in consideration when choosing to use either coaching or mentoring (10 marks)
- b) Evaluate the interpersonal skills that a peer counselor / educator can be trained in to help in effective relationship management (13.3 marks)

Question Four

- a) Examine the benefits of being a mentor in an organization (10 marks)
- b) Assess the roles of recovery coach (13.3 marks)

Question Five

- a) Evaluate the ethical challenges peer support programs specialists is likely to experience (10 marks)
- b) Examine the significance of mentoring and coaching to individuals (13.3 marks)