



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

**P.O. Box 62157
00200 Nairobi -
KENYA
Telephone: 891601-6
Ext 1023/25
Fax: 254-20-891084
email:det@cuea.edu**

SEPTEMBER - DECEMBER 2020 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF COUNSELLING PSYCHOLOGY

REGULAR PROGRAMME

UNIT CODE: BCP 203: MULTI-CULTURAL/ CROSS-CULTURAL COUNSELLING

Date: DECEMBER 2020

Duration: 4 Hours

INSTRUCTIONS: Answer ANY THREE Questions

All answers must be submitted through your student portal on Odel

1. “All cultures share basic features”. Examine this statement using illustrations from African cultures. (23.3 marks)
2. Discuss any five adaptations that the counsellor is expected to make in order to counsel older clients. (23.3 marks)
3. Use clear examples to discuss the effects of Western psychotherapy on African counselling practice. (23.3 marks)
4. Assess the relevance of ‘RESPECTFUL Model’ in recognizing the multidimensionality of all clients in a comprehensive counselling practice. (23.3 marks).
5. a) Discuss the importance of training multicultural counsellors. (10 marks)
b) Analyse the various African counselling strategies that can be used in your community. (13.3 marks)

