



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

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AUGUST - DECEMBER 2018 TRIMESTER

FACULTY OF EDUCATION

DEPARTMENT OF UNDERGRADUATE STUDIES IN EDUCATION

PART TIME PROGRAMME

ED 401: GUIDANCE AND COUNSELING

Date: DECEMBER 2018

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

- Q1. a) Explain five reasons that can lead to premature termination of a counseling relationship **(5marks)**
- b) Describe five advantages for individual counseling **(5marks)**
- c) Explain how the following factors can cause stress in secondary school students. **(5marks)**
- i) Family problems
 - ii) Not feeling in control
 - iii) School related problems
 - iv) Peer pressure
 - v) Future
- d) Highlight any five instances when confidentiality can be broken in a counseling relationship **(5marks)**
- e) Describe non-verbal behavior that a teacher counselor can display to show the client that he is actively listening during counseling process **(5marks)**
- Q2. You have been invited by the County Director of Education in your county as a facilitator to a seminar where high school counselor teachers are being sensitized on indicators of learners in need of help (guidance and counseling service). Explain the key points of your presentation. **(15marks)**

- Q3. Briefly analyze any five types of counseling **(15marks)**
- Q4. Imagine you are an administrator of a primary school and you would like to hire a qualified counselor for the school. What would you look out for? **(15marks)**
- Q5. Giving example related to learners in each case; explain any five ego defense mechanisms according to Sigmund Freud in psychoanalysis theory. **(15 marks)**
- Q6. You have been invited as a facilitator to a seminar where class teachers are being sensitized on the significance of guidance and counseling in schools within your County. Discuss your presentation. **(15marks)**

END