



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

P.O. Box 62157
00200 Nairobi - KENYA
Telephone: 891601-6
Fax: 254-20-891084
E-mail: academics@cuea.edu

MAIN EXAMINATION

JANUARY – APRIL 2018 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

MCP 505: PRACTICAL SKILLS AND INTERVENTION IN COUNSELING

Date: APRIL 2018

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

- Q1. a) Discuss the main steps in the counselling process (10 Marks)
- b) Counselling is a curative, remedial and preventive process, discuss (10 Marks)
- c) Examine the main misconceptions of counselling (5 marks)
- Q2. a) Discuss the concept of listening as it applies to the counselling process (10 Marks)
- b) Consider the role of the counselor in a counselling process (5 Marks)
- Q3. Discuss the main elements of micro skills in counselling (15 Marks)
- Q4. Explain the skill of questioning in counselling (15 Marks)
- Q5. Examine the skill of immediacy, its risks, challenges and efficacy in counselling (15 Marks)
- Q6. Using relevant examples, examine the issues of termination in a counselling session (15 Marks)

END