



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

**A. M. E. C. E. A**

**MAIN EXAMINATION**

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**JANUARY – APRIL 2018 TRIMESTER**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**REGULAR PROGRAMME**

**BCP 125: ETHICAL AND LEGAL ISSUES IN COUNSELING**

**Date: APRIL 2018**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer Question ONE and any other THREE Questions**

- Q1. a) Explain any **TWO** functions of a Code Ethics to the Counseling Profession **(8 Marks)**
- b) Discuss any **THREE** of the following ethical principles – **(15 marks)**
- i) Autonomy
  - ii) Confidentiality
  - iii) Competency
  - iv) Respect for persons
- Q2. Describe the following terms as used in ethical issues in counseling
- i) Ethical dilemma
  - ii) Ethical principle
  - iii) Ethical decision making **(15 marks)**
- Q3. James is a 25 year-old male who is a counseling student of CUEA who is doing his internship in one of the County hospitals. He admits that one of his challenges is that he has not experienced much diversity in his sexual relationships. He recently began working with Lisa, a 21 year-old female who presented with symptoms associated with depression including decreased motivation, loss of appetite and overall dissatisfaction. James has met with Lisa three times, with the first two times being focused on her recent break-up with her boyfriend and the resulting academic difficulties. She was very concerned that her career dream of becoming a lawyer may be in jeopardy. James appears to be very interested with Lisa but so far he still thinks he is safe ethically.

In their previous session, Lisa casually mentioned that she began to experience depressive symptoms as a child when her mother's partner began to physically abuse her at the age of 5½ years. Lisa told her mother about the abuse, but she did not intervene. Shortly after the physical abuse began, the man began to also sexually abuse her. Once again, Lisa reported this to her mother and also to a teacher at her school, but nothing was ever done. Lisa reported that when she was 7, she placed an unknown prescription medication of her mother into this man's alcoholic drink. Later that same day, the man experienced a stroke and was rushed to the hospital where he later died. Lisa also reported learning that her mother's partner's stroke and subsequent death were related to the combination of prescription medication and alcohol. The client has never told anyone other than James that she had placed medication in this man's drink.

- a) Discuss the ethical dilemmas you can identify in this case? **( 6 marks)**
  - b) What are the legal implications associated with working with this client?  
**( 3 marks)**
  - c) What should the counselor-in-training do? **( 6 marks)**
- Q4. Salim a 40 year old male who is married to 2 wives has come to you for counseling and testing for HIV. He has tested HIV positive and he insists that he will share his HIV status results with no one. You know one of his wives and you fear that she could be infected with HIV if she is not already infected.
- Using ethical principles, describe this scenario showing your role as a counselor. **(15 marks)**
- Q5. a) Social media and emails are one of the digital ways that are current techniques used for counseling. Explain the ethical implications of these counseling techniques **(8 marks)**
- b) Explain the importance of supervision and personal therapy in counseling practice. – **( 7 marks)**
- Q6. a) Expound the legal and ethical concerns when working with a minor who has been brought for therapy due to conduct disorder by her parents due to defilement by one of the parents **(8 marks)**
- b) Describe the element of dual relationship as an ethical issue **(7marks)**

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