



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

REGINA PACIS INSTITUTE OF HEALTH SCIENCES

MAIN EXAMINATION

AUGUST - DECEMBER 2016 TRIMESTER

FACULTY OF SCIENCES

DEPARTMENT OF NURSING

NUR 106: PROFESSIONALISM

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Date: DECEMBER 2016

Duration: 3 Hours

INSTRUCTIONS:

- i) Answer ALL Questions
- ii) Indicate the answers in the answer booklet provided

MULTIPLE CHOICE QUESTIONS (MCQ)

(20 MARKS)

- Q1. The nurse assumes 24 hour responsibility for the client to maintain continuity of care across shifts, days or visits. This is termed as :-
- a) Functional nursing
 - b) Team nursing
 - c) Primary nursing
 - d) Total patient care
- Q2. He describes the wellness-illness continuum as interaction of the environment with well being and illness:-
- a) Cannonn
 - b) Bernard
 - c) Dunn
 - d) Clark
- Q3. In nursing professionalism altruism refers to:-
- a) Independence of performing nursing functions
 - b) Is the conduct aimed at the good of others.

- c) Responsibility over one's actions
- d) Accountability over one's action

Q4. Indicate true or false

- a) Nursing theories can be the basis of developing the nursing curriculum
- b) Calista Roy defined health as a state of adaptation resulting from coping with stressors

Q5. Select the correctly matched theories with the relevant authors :-

- a) Systems Theory- Betty Neuman
- b) Environmental theory – Dunn
- c) Adaptation theory – Florence Nightingale
- d) Needs theory – Virginia Henderson

Q6. The recommended nurse patient ratio in a medical surgical unit is :-

- a) 1:1
- b) 1:6
- c) 1:5
- d) 1:10

Q7. Autonomy in nursing practice refers to:-

- a) Duty to promote good and prevent harm
- b) Respect for individual's right to self determination
- c) The obligation to uphold faithfulness and keep promises
- d) The concept of fairness in treatment and distribution of resources

Q8. The Nurses Act is Cap:-

- a) 257
- b) 253
- c) 248
- d) 242

Q9. A client who had a "Do Not Resuscitate" order passed away. After verifying there is no pulse or respirations, the nurse should next: -

- a) Call the doctor on call to certify the death
- b) Call the funeral director to come and get the body
- c) Perform last offices to the patient
- d) Have family members say goodbye to the deceased

Q10. The client on blood transfusion informs the nurse that he wants to stop transfusion. The nurse should appropriately do which action in response to the client's decision?

- a) Tell the client that he must finish his session for blood transfusion
- b) Respect the client's decision and provide comfort measures
- c) Leave the client and attend other patients.
- d) Inform the client that the doctor must decide what to do

Q11. The nursing council committee that ensures the nursing schools are using the right training facilities is:-

- a) Registration and licensing Standing Committee
- b) Human resource and Finance Standing Committee
- c) Discipline, Standards and Ethics Committee
- d) Education, research and examination Standing Committee

Q12. Indicate whether the statement is true or false

- a) Philosophy of nursing refers to the nurses' beliefs about people, the world, health and nursing.
- b) Advocacy is one of the roles of a professional nurse

Q13. Members who constitute the full council include:-

- a) Director of medical services, Director of education, chief nursing officer, Attorney general
- b) Registered general nurse, registered psychiatric nurse, registered community health nurse, registered theatre nurse
- c) Registered nurse educator, KPNA nominee, KNUN nominee, ECSACON nominee
- d) Director of medical services, director of education, registered community health nurse, registered theatre nurse

Q14. The nursing interventions that require the knowledge, skills and expertise of multiple health professionals is:-

- a) Dependant
- b) Independent
- c) Interdependent
- d) Intradependent

Q15. The theorists who addresses the four modes of adaptation is:-

- a) Madeleine Leininger
- b) Sr. Callista Roy
- c) Florence Nightingale
- d) Jean Watson

Q16. The scope of nursing practice:-

- a) Is prepared based on the existing laws
- b) Aims at establishing unlimited practice for all nurses.
- c) May be narrowed for nurses within a particular setting
- d) It may be broadened without legal and ethical ramifications

Q17. Indicate whether true or false

- a) Evaluating the nursing care is a purpose of doing the nursing audits
- b) The Standard of Care is derived from organizational policies

Q18. A nurse working in the medical ward learns that a patient is having terminal illness but the spouse warns that he should not be told. In this case the nurse is facing;

- a) An breach of duty
- b) Corruption issues
- c) An ethical dilemma
- d) An ethical principle

Q19. Indicate whether true or false

- i. Critical thinking in nursing is a discipline specific reflective reasoning process that guides a nurse in generating, client care and other professional concerns
- ii. Problem solving is a part of the critical thinking process

Q20. The health–illness continuum model demonstrates?

- a) Illness as a fixed point in time

- b) The importance of family
- c) Wellness as a passive state
- d) Health as a constantly changing state

SHORT ANSWER QUESTIONS (SAQ) 40 MARKS

- Q1. Outline five (5) functions of the ECSACON **(5 marks)**
- Q2. State the four (4) fundamental responsibilities for nurses **(4 marks)**
- Q3. Discuss elements of nurses code of ethics **(8 marks)**
- Q4. Outline five (5) forms of professional misconduct in nursing practice **(5 marks)**
- Q5. State six (6) factors that affect ethical decision making process **(6 marks)**
- Q7. Explain the contribution of the Systems theory in nursing practice **(5 marks)**
- Q8. Explain the current trends in nursing practice in Kenya today **(7 marks)**

LONG ANSWER QUESTIONS (LAQ) 40 MARKS

- Q1. You are a nurse in a gynaecology clinic. You encounter a patient who wants to terminate her unwanted pregnancy and she seeks for your guidance .
- a) Explain any five ethical principles you would utilize in assisting the patient out of this decision. **(10 marks)**
 - b) Explain two ethical theories that you would consult in this situation **(4 marks)**
 - c) State six other ethical dilemmas you can encounter in medical surgical units. **(6 marks)**
- Q2. Nursing has evolved from an unstructured method of caring for the ill to a scientific profession
- a) What is professional nursing as defined by Virginia Henderson **(2 marks)**
 - b) Outline six (6) functions of the Nursing Council of Kenya **(6 marks)**
 - c) Discuss twelve(12) components of professional nursing as described by Virginia Henderson **(12 marks)**

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