



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

MAIN EXAMINATION

JANUARY – APRIL 2015 TRIMESTER

FACULTY OF SCIENCE

DEPARTMENT OF NATURAL SCIENCES (BIOLOGY)

WEEKEND PROGRAMME

CMH 421: CAREER GUIDANCE AND COUNSELING

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Date: April 2015	Duration: 2 Hours
Instructions: Answer Question ONE and any other TWO Questions.	

- Q1. A psychologist, David Katz, classified attitude into four broad groups depending on their functions.
- a) Identify and explain these four classes. **(4 marks)**
 - b) As a scholar and senior manager of company XYZ Ltd, what are the five main significance of having employees who are pursuing their careers? **(5 marks)**
 - c) State and explain the symptoms of low esteem among employees in any organization. **(10 marks)**
 - d) Success in any system depends on how well we manage the time available at our disposal. Explain the various ways in which managers and employees can use to create variable time for their tasks. **(9 marks)**
- Q2. Career counselors are considered important drivers in employees' career life.
- a) Explain what career guidance is. **(2 marks)**
 - b) Explain the ideal traits of a good counselor. **(18 marks)**
- Q3. a) Define the term attitude. **(2 marks)**
- b) Individual decisions are always affected by several other external variables that enable us think, reason and apply judgment. State and explain any six possible factors that affect our decisions. **(18 marks)**
- Q4. a) A noble career counselor is expected to observe certain ethical standards (Principles). Explain what these principles are. **(10marks)**

b) Explain the problems associated with career planning.

(10 marks)

END