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**GABA CAMPUS – ELDORET**

**MAIN EXAMINATION**

**SEPTEMBER – DECEMBER 2022 TRIMESTER**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DIPLOMA IN COUNSELING PSYCHOLOGY**

**DEPARTMENT OF SOCIAL SCIENCE & DEVELOPMENT STUDIES**

**DIPLOMA IN COUNSELING PSYCHOLOGY**

**DCP 003: INDIVIDUAL COUNSELING**

<b>Date: December 2022</b>	<b>Duration: 2 Hours</b>
<b>Instructions: Answer Question ONE and any other TWO Questions</b>	

**QUESTION ONE**

- a) Describe what makes an effective counseling relationship **(4 Marks)**
- b) Explain the following terms in interactions in counseling relationships
- i) Transference **(2 Marks)**
  - ii) Counter-transference **(2 Marks)**
  - iii) Resistance **(2 Marks)**
- c) Discuss the characteristics of effective qualities of the counselor that enhance positive client change. **(10 Marks)**
- d) Identify and briefly describe the tests or inventories, counselors use to assess clients to make decisions related to unresolved client decisions. **(10 Marks)**

**QUESTION TWO**

Discuss the favorable client characteristics that contribute to productive working relationship **(20 Marks)**

**QUESTION THREE**

- a) At initial stage of counseling during interview, there are various challenges that are faced by the client and counselor. Discuss **(20 Marks)**

#### **QUESTION FOUR**

Explain how counselors determine the level of exploration or analysis whether intensive or extensive and the number of the sessions required to address client problems

**(20 Marks)**

#### **QUESTION FIVE**

Describe the stages of counseling process

**(20 Marks)**

**\*END\***

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