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GABA CAMPUS - ELDORET

MAIN EXAMINATION

MAY – AUGUST 2022 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCE & DEVELOPMENT STUDIES

BCP 105: COUNSELLING SKILLS

| | |
|--|--------------------------|
| Date: July 2022 | Duration: 2 Hours |
| Instructions: Answer Question ONE and any other TWO Questions | |

QUESTION ONE

- a) Explain your understanding of counselling skills **(4 Marks)**
- b) Explain four functions of counselling **(8 Marks)**
- c) Briefly discuss any five characteristics an effective counsellor can observe while using basic counselling skills **(10 Marks)**
- d) List any eight counselling skills **(8 Marks)**

QUESTION TWO

Discuss any five counselling skills that you as a counsellor would use to enhance understanding during your session with the client **(20 Marks)**

QUESTION THREE

There are three stages in counselling process. Discuss any five skills you would use in the Exploration stage **(20 Marks)**

QUESTION FOUR

Counselling is definitely worth considering for clients with various issues. Discuss any five of these issues **(20 Marks)**

QUESTION FIVE

Discuss the importance of JOHARI window and its quadrants in counselling

(20 Marks)

END