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GABA CAMPUS - ELDORET

MAIN EXAMINATION

MAY – AUGUST 2022 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCE & DEVELOPMENT STUDIES

BCP 101: INTRODUCTION TO COUNSELLING PSYCHOLOGY

Date: July 2022	Duration: 2 Hours
Instructions: Answer Question ONE and any other TWO Questions	

QUESTION ONE

- a) Identify and discuss **THREE** counseling theories as used in counseling practice **(10 Marks)**
- b) Differentiate between the following terms as used in psychology
 - i) Psychotherapy
 - ii) Guidance
 - iii) Counseling **(10 Marks)**
- c) Explain the Historical development of Counseling in Kenya? **(10 Marks)**

QUESTION TWO

- a) Discuss the importance of guidance and counseling? **(10 Marks)**
- b) Discuss Ethical practices and safeguards in counseling practice **(10 Marks)**

QUESTION THREE

Identify and discuss **FIVE** types of counseling activities offered in counseling practice **(20 Marks)**

QUESTION FOUR

Using any of the Vocational and Career Development theories learnt in class ,
discuss how you would apply it to help a client to make appropriate career choice

(20 Marks)

QUESTION FIVE

Using relevant examples, discuss the main factors that lead to emergence of
counseling

(20 Marks)

END