



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

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MAY – AUGUST 2021

Ext 1022/23/25

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

MCP 603: TRAUMA COUNSELLING

Date: AUGUST 2021

Duration: 3Hours

INSTRUCTIONS: Answer Any FOUR Questions

1. Giving examples elucidate on the following terminologies in trauma counselling
(17.5mks).
 - i. Acute trauma
 - ii. Developmental trauma
 - iii. Posttraumatic stress disorder
 - iv. Vicarious trauma
2. Analyze the symptoms of posttraumatic stress disorder according to the DSM-V Criterion (17.5mks).
3. Discuss how you would assist a victim of a terrorist attack through Psychological First Aid (17.5mks).
4. "Cognitive-behavioral therapy (CBT) combines two very effective kinds of psychotherapy: cognitive therapy and behavior therapy". Examine this statement indicating the techniques applied by cognitive-behavioural therapy in trauma counselling (17.5mks).
5. Analyze the role of the brain in the process of traumatization (17.5 mks)
6. Examine Judith Herman's three stage model and its application in trauma counselling (17.5mks).

END

DET: MAY 2021