



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

Telephone: 891601-6

MAY – AUGUST 2021

Ext 1022/23/25

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

DCP 003: INDIVIDUAL COUNSELLING

Date: AUGUST 2021

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

1. i) Describe any five goals of individual counselling (10 marks)
- ii) Examine any five characteristics of an effective counsellor (10 marks)
- iii) Describe a working relationship in counselling (5 marks)
2. Examine counselling skills that enhance effective counselling. (15 marks)
3. Discuss the counselling stages proposed by Gerald Egan (15 marks)
4. Examine counselling techniques a psychoanalytic counselor may employ (15 marks)
5. Assess the ethical and professional issues in individual counselling. (15 marks)

6. Analyze challenges that a novice counsellor may experience in counselling

(15

marks)

DET: MAY 2021