



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

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MAY – AUGUST 2021

Ext 1022/23/25

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

DCP 012: CAREER COUNSELLING

Date: AUGUST 2021

Duration: 3 Hours

INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER THREE QUESTIONS

- Q. 1. a) Explain the role of a career counselor (10 Marks)
- b) Discuss career development as a lifelong process (10 marks)
- c) Distinguish career counselling from other types of counselling (5marks)
- Q.2. Using case examples, differentiate between avocation and a vocation (15 marks)
- Q.3. Explain techniques used in career counselling (15 marks)
- Q.4. Giving an example, explain the Person-Environment Fit theory of career counselling (15 marks)
- Q. 5. Discuss the Trait-and factor theory of career counselling (15 marks)
- Q. 6. Giving a relevant example, outline ways in which one can address stress in the workplace. (15 marks)

END