

## THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

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MAY - AUGUST 2021

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## **FACULTY OF ARTS AND SOCIAL SCIENCES**

## DEPARTMENT OF PSYCHOLOGY

## REGULAR PROGRAMME

**BCP 304: BEHAVIOUR MODIFICATION** 

Date: AUGUST 2021 Duration: 3 Hours

**INSTRUCTIONS:** Answer Question ONE and any other THREE Questions

1 a. Define aversion therapy.

(3mks)

- b. Explain behaviors that can be modified using aversion therapy. (8mks)
- c. Distinguish between positive reinforcement and negative reinforcement.

(8mks)

d. Explain categories of functional assessment.

(6 mks)

2. Discuss the characteristics of behavior modification.

- (15 mks)
- 3. Using examples assess the techniques of behavior modification theory. (15 mks).
- 4. Examine the factors that influence the effectiveness of reinforcement. (15mks).
- 5. Briefly discuss the contributions of Parvlov, Thorndike, Waston and Skinner to the development of behavior modification. (15mks).
- 6. Using examples illustrate the procedures followed in habit reversal training. (15 mks)

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