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GABA CAMPUS - ELDORET
MAIN EXAMINATION
SEPTEMBER – DECEMBER 2021 TRIMESTER
FACULTY OF ARTS AND SOCIAL SCIENCES
DIPLOMA IN COUNSELING PSYCHOLOGY
DEPARTMENT OF SOCIAL SCIENCE & DEVELOPMENT STUDIES
DCP 003: INDIVIDUAL COUNSELING

| | |
|--|--------------------------|
| Date: December 2021 | Duration: 2 Hours |
| Instructions: Answer Question ONE and any other TWO Questions | |

QUESTION ONE

- a) Explain the following terms in interactions in counseling relationships
- i) Transference **(3 marks)**
 - ii) Counter-transference **(3 marks)**
 - iii) Resistance **(3 marks)**
 - iv) Individual counseling **(3 marks)**
- b) Explain the importance of development of a climate of trust in facilitating relationship in effective counseling. **(6 marks)**
- c) Describe the various challenges faced by counselors and clients during interview at the initial stage of counseling **(12 marks)**

QUESTION TWO

- a) Identify the tests or inventories, counselors use to assess clients to make decisions related to unresolved client decisions. **(10 marks)**
- b) Explain how a counselor determines when termination of counseling process is necessary. **(10 marks)**

QUESTION THREE

- a) Explain how favorable client characteristics contributes to productive working relationship. **(10 marks)**
- b) Describe effective qualities of the counselor characteristics that enhance positive client change. **(10 marks)**

QUESTION FOUR

Describe the stages of counseling process **(20 marks)**

QUESTION FIVE

Explain how the counselor determines the number of sessions a client requires to attend before he/she can make the desired changes and take action. **(20 marks)**

END