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GABA CAMPUS - ELDORET
MAIN EXAMINATION
SEPTEMBER – DECEMBER 2021 TRIMESTER
FACULTY OF ARTS AND SOCIAL SCIENCES
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
BCP 203: MULTI-CULTURAL/ CROSS-CULTURAL COUNSELING

Date: December 2021	Duration: 2 Hours
Instructions: Answer Question ONE and any other TWO Questions	

QUESTION ONE

- a) Define the following terms:
- i) Cross-cultural psychology **(2 marks)**
 - ii) Stereotypes **(2 marks)**
 - iii) Ethnic minority **(2 marks)**
 - iv) Professional counseling **(2 marks)**
 - v) Prejudice and discrimination **(2 marks)**
- b) Explain 5 characteristics of a current cross-cultural counselor **(10 marks)**
- c) Explain the multicultural therapy techniques required in working with culturally diverse clientele. **(10 marks)**

QUESTION TWO

- a) Identify the types of families in African system and describe their roles in parenting. **(5 marks)**
- b) Describe four major parenting styles used in the African system, which is able to lead the Child to be a responsible adult. **(15 marks)**

QUESTION THREE

- a) Describe the multicultural counseling skills necessary for counselors working with minority groups. **(10 marks)**
- b) Explain the common contemporary issues in multi/cross cultural counseling **(10 marks)**

QUESTION FOUR

- a) Explain the steps used by counselors in helping homosexuals deal with the problems they face for admitting they are homosexual. **(10 marks)**
- b) Identify and explain five treatment models used by counselors to help HIV/AIDS clients. **(10 marks)**

QUESTION FIVE

Counselors who are sensitive to individual and cultural needs of minority clients consider both individual and cultural characteristics. Discuss these characteristics. **(20 marks)**

END