



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

A. M. E. C. E. A

P.O. Box 62157

00200 Nairobi - KENYA

MAIN EXAMINATION

Telephone: 891601-6

Ext 1022/23/25

SEPTEMBER –DECEMBER 2021

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF DEVELOPMENT & SOCIAL STUDIES

REGULAR PROGRAMME

SSW 403: COUNSELING PSYCHOLOGY

Date: DECEMBER 2021

Duration: 2 Hours

INSTRUCTIONS: Answer Question ONE and any TWO Questions

- Q1. a) Terrie a student at CUEA claims that she has been hearing voices for the past three weeks and as such, she had had three suicidal attempts. She approaches you for help and insists that if she will not get over the challenge, she will take up her life. As a counselor, show how you will go about the process **(10marks)**
- b) Explain why counseling process may be terminated after the first interview **(10marks)**
- c) In your view, why would a HIV/AIDs resident opt for group counseling and not individual counseling? **(10marks)**
- Q2. a) As an intern at women WRAP Kenya within social work department, there are goals that could compromise your quest to effectively offer services to your clients. Highlight any **Five** of these goals. **(10marks)**
- b). Effective counseling process should be preceded with a conducive and support environment. Explain the characteristics of such a relationship **(10 marks)**
- Q3. a). Discuss the applicability of Problem-solving approach in Kenya during this covid-19. Use relevant examples. **(10marks)**

- b). When counseling special groups, women for example, there are some considerations that a counsellor needs to consider. Explain any five of these considerations **(10marks)**
- Q4. a) Discuss five major challenges that a beginning counselor is likely to experience in counseling residents of Mathare slum. **(10marks)**
b). Examine any five tenets that a community counsellor needs to be equipped with during counseling process **(10marks)**
- Q5. a) In your opinion, why do you think pre-test counseling is highly emphasized during the counseling process? **(10marks)**
b) Explain ways in which change of behavior is brought about through counseling **(10marks)**

END