



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

**A. M. E. C. E. A**

P.O. Box 62157

00200 Nairobi - KENYA

**MAIN EXAMINATION**

Telephone: 891601-6

Ext 1022/23/25

**SEPTEMBER –DECEMBER 2021**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**REGULAR PROGRAMME**

**MCP 603: TRAUMA COUNSELING**

**Date: DECEMBER 2021**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer ANY THREE Questions**

- Q1. Analyze the symptoms of psychological trauma according to the DSM-V Criterion  
(23.3marks).
- Q2. Using a case example, choose any trauma focused theory and discuss how you would assist a client returnee from a terrorist group.  
(23.3marks).
- Q3. "Cognitive-behavioral therapy (CBT) combines two very effective kinds of psychotherapy; cognitive therapy and behavior therapy". Assess the techniques applied by cognitive-behavioural therapy in trauma counselling  
(23.3marks).
- Q4. "An effective trauma treatment plan can only deal with a few selected problems". Using examples examine this statement indicating how you would develop a trauma treatment plan  
(23.3marks).
- Q5. Evaluate Judith Herman's three stage model and its application in trauma counselling  
(23.3marks)
- Q5. Using a case example, evaluate how you would counsel a client having Type 2 Trauma.  
(23.3 marks)

**\*END\***