



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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**MAIN EXAMINATION**

**SEPTEMBER –DECEMBER 2021**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**REGULAR PROGRAMME**

**DCP 017: GROUP COUNSELING PROCESS AND PRACTICE**

**Date: DECEMBER 2021**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer Question ONE and any THREE Questions**

Q1.

- a) Explain the therapist role in establishing a therapeutic culture in a group therapy

**(5**

**marks)**

- b) Give reasons why people join groups **(5 marks)**  
c) Explain different ways in which group members may gain insight during the group – therapy process **(5 marks)**  
d) Evaluate ethical and legal issues in Group counseling **(5 marks)**  
e) Examine the task for the therapists at the beginning of the group counseling **(5 marks)**

Q2. Discuss the various stages of group development **(15 marks)**

Q3. Examine the benefits of group counseling **(15 marks)**

Q4. Analyze the Group Counseling Skills that a therapist applies during group counseling (15 marks)

Q5. Analyze the therapist's roles in group counseling (15 marks)

**\*END\***