



# THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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**MAIN EXAMINATION**

**SEPTEMBER –DECEMBER 2021**

**FACULTY OF ARTS AND SOCIAL SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**REGULAR PROGRAMME**

**DCP 006: MARRIAGE AND FAMILY THERAPY**

**Date: DECEMBER 2021**

**Duration: 3 Hours**

**INSTRUCTIONS: Answer Question ONE and any THREE Questions**

Q1.

- a) Describe the process of conflict resolution in family setting **(5 marks)**
- b) Analyse any five characteristic of an optimal marital relationship **(5 marks)**
- c) Examine how, family therapy can improve family relationships

**(5marks)**

- d) Describe any five typed of family therapy **(5 marks)**
- e) Explain any five techniques a therapist can apply in family counseling **(5 marks)**

Q2. Discuss the issues of concerns in marriage and family **(15 marks)**

Q3. Demonstrate how a counselor helps young couples to build a strong marriage relationship **(15 marks)**

Q4. Examine the causes of marital conflicts in your community **(15 marks)**

Q5. Evaluate the role of therapist during family counseling sessions

**(15 marks)**

**\*END\***