



THE CATHOLIC UNIVERSITY OF EASTERN AFRICA

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MAIN EXAMINATION

JANUARY – APRIL 2019 TRIMESTER

FACULTY OF ARTS AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

REGULAR PROGRAMME

MCP 505: PRACTICAL SKILLS AND INTERVENTIONS IN COUSELING

Date: APRIL 2019

Duration: 3 Hours

INSTRUCTIONS: Answer Question ONE and any other THREE Questions

- Q1. a) Discuss the main steps in the counselling process (10 Marks)
b) Counselling is a curative, remedial and preventive process, discuss (10 Marks)
c) Examine the main misconceptions of counselling (5 marks)
- Q2. a) Discuss the concept of listening as it applies to the counselling process (10 Marks)
b) Consider the role of the counselor in a counselling process (5 Marks)
- Q3. Discuss the main elements of micro skills in counselling (15 Marks)
- Q4. Explain the skill of questioning in counselling (15 Marks)
- Q5. Examine the skill of immediacy, its risks, challenges and efficacy in counselling (15 Marks)
- Q6. Using relevant examples, examine the issues of termination in a counselling session (15 Marks)

END